

IFBB ELITE PRO SHOW LUXEMBOURG

June 11th – 12th 2021

INSPECTION REPORT

Welcome

IFBB President, Dr. Rafael Santonja, the IFBB ELITE PRO Organisation & the Bodybuilding & Fitness Federation of Luxembourg proudly invite

all affiliated IFBB-Master Elite-Pro athletes

to participate at the IFBB Diamond Cup Elite Pro Show LUXEMBOURG. The event will include:

ELITE PRO SHOW CATEGORIES :

- MASTER ELITE PRO WOMEN'S BIKINI FITNESS Prize money 1000 EURO
- MASTER ELITE PRO WOMEN'S BODYFITNESS Prize money 1000 EURO
- MASTER ELITE PRO MEN'S BODYBUILDING Prize money 1000 EURO

GRAND DUCHY of LUXEMBOURG

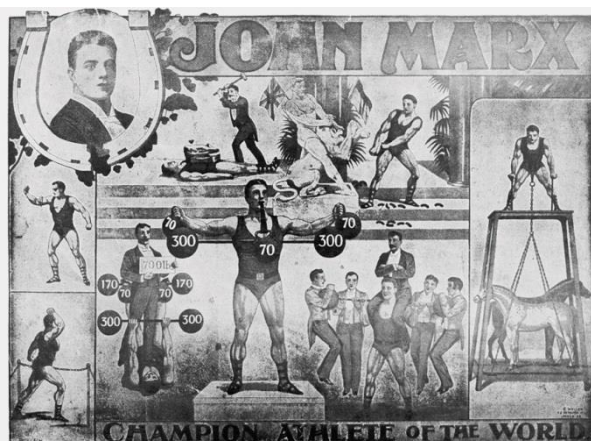
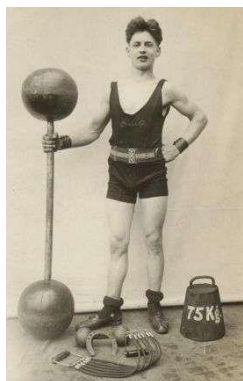
is a sovereign state in the heart of Europe, founded in 963, 2586 km², population 600000 nested between France, Belgium & Germany.



THE VENUE

CASINO 2000, **MONDORF-les-BAINS**, town in south-eastern of Luxembourg (15 km far from the city of Luxembourg), near the border with France.

HISTORY



John Grün

*John Grün, also known as HERKUL GRÜN alias John MARX (1868-1912), a Luxembourger from **MONDORF-les-BAINS** was believed to be the strongest man in the world at the end of the 19th and beginning of the 20th century. GRÜN emigrated to the United States in 1889. While working in a St. Louis brewery, he came into contact with Aloysius Marx, a professional athlete, who noticed how easily he moved the beer barrels around. He persuaded him to become part of a strong man partnership called "The Marx Brothers" or the "The Two Marks" attracting crowds of enthusiasts wherever they appeared.*



*Chapito du **CASINO 2000** (the only casino in Luxembourg)*

www.casino2000.lu

L-5618 Mondorf-les-Bains

The Casino 2000, with its Chapito that has a seating capacity of 1000 places. Impressive video available at: <https://www.youtube.com/watch?v=tcVp24L4wbE&feature=youtu.be>

HOTELS

HOTEL IBIS Luxembourg-Sud L-3378 Livange www.ibis.com/Livange (Mondorf 10 minutes)

HOTEL IBIS BUDGET LIVANGE L-3378 Livange www.ibis.com/Livange (Mondorf 10 minutes)

Other hotels are available online in the towns of Mondorf-les-Bains, Remich (6 km), Schengen (4 km), Remerschen (4 km), Luxembourg-City (15 km)

ARRIVALS & AIRPORT

FRIDAY, June 11th, 2021 is the official arrival day.

Luxembourg Airport (Code LUX) is the only national & international airport (22 km distance to the venue/Mondorf-les-Bains)

IMPORTANT INFORMATION

All the costs of travelling, hotel accommodations, transport from and to the airport, venue and meals are the responsibilities of National Federations or individual athletes. Check with your National Federation for more information.

PARTICIPATION

In order to compete, you need to sign up for the event through the Elite Pro online system. The final decision to allow an athlete to compete in this event rests with the IFBB.

REGISTRATION

Meeting, Registration and Weigh-in will be run on **Friday, June 11th, 2021, from 18:30 to 20:00** at the CASINO 2000 , L 5618 Mondorf-les-Bains, rue Flammang, tel +352 26678-1

All athletes will have to produce their **Passports & IFBB Elite-Pro Card 2021** at the registration. All **posing music** must be on an **audio CD only**. The posing music must also be at the start of the CD. Each competitor must affix his/her name on the CD for easy identification.

The use of profane, vulgar & offensive language is strictly prohibited in the posing music.

You will receive your tags or wrist band for athletes and coaches at the registration.

All athletes must wear their posing attire during weight-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and Tanning must be in accordance with the IFBB rules. Any Tanning which can be wiped off is not allowed.

FREE of REGISTRATION FEE

There will be no Registration-Fee for Master Elite Pro athletes.

AWARDS

- Top five athletes in each Master Elite Pro category will be awarded with medals or trophies and certificates.
- Prize-money for the top three in each category by order
- 1st PLACE EURO 500
- 2^d PLACE EURO 300
- 3th PLACE EURO 200

CAMERA & VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any event, these devices shall be strictly prohibited in the dressing room area.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

VISAS

A valid passport is required to enter Luxembourg (Schengen Zone) More information https://en.wikipedia.org/wiki/Visa_of_the_Schengen_Area

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendant's visa.

- A copy of passport
- Where the attendant will have his or her accommodation

If the visa is not granted, the Cancellation Policies for the championship will still apply an athlete, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

LANGUAGE

Luxembourg has three official languages: Luxembourgish (national language), French and German (administrative languages).

TIME DIFFERENCE

UTC +2 hour (CEST - Central European Summer Time)

ELECTRICAL CURRENT

230 V, 50 Hz. Plugs and sockets of type C and F.

Better to check at: <https://www.worldstandards.eu/electricity/plugs-and-sockets/>

CURRENCY

The official currency of Luxembourg is EURO (EUR).

CREDIT CARDS

International credit cards such as Visa, MasterCard and American Express are widely accepted at most major hotels, stores & restaurants.

CLIMATE

The average daily mean temperature in June is 15.9°C (60.6°F). Average rainy days: 14, average relative humidity: 69%.

Please make your Elite Pro online registration no later than Friday, June 04th, 2021

E-mail addresses :

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TENTATIVE SCHEDULE

June 11th, 2021 (Friday)

Arrivals

18:30 – 20:00 Registration / weight-in, CASINO 2000, Mondorf-les-Bains

18:30 – Elite-Pro and Judges Meeting, CASINO 2000, Mondorf-les-Bains

June 12th, 2021 (Saturday)

10:00 – Diamond Cup Luxembourg 2021- Pro Qualifier & 2020/2021 World Ranking Event
(Prejudging & Finals of all categories - CASINO 2000 Mondorf-les-Bains)

19:00- MASTER ELITE PRO SHOW (Bikini Fitness/Bodyfitness/Bodybuilding)

****Official Running order will be released closer to the event***