



3ª Edición

SEDE:
OASIS
HOTELS & RESORTS
CANCÚN, MÉXICO

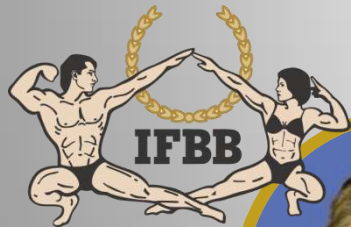
IFBB **CANCÚN** **IFBB**
ELITE PRO 2019

23 Y 24
NOV 2019

PREMIOS: 28,000 DLS

WELCOME TO THE ELITE PRO CANCUN MEXICO!

The International Federation of Bodybuilding and Fitness IFBB and the Mexican Federation of Bodybuilding and Fitness FMFF, are pleased to invite all the ELITE PRO ATHLETES to participate on the Third Edition of one of the most prestigious international competitions: the ELITE PRO CANCUN, that will take place in Cancun, Mexico at the Gran Oasis Arena.



Dr. Rafael Santonja
IFBB President





CANCUN:

Cancun is the most popular resort area in Mexico. It is the perfect destination for honeymoons, families and all kind of sports.

LOCATION:

Cancun is located in Quintana Roo, where Mayan culture shines on every corner surrounded by the breathtaking Caribbean Sea, soft coral sands, and the striking shade of blue that emerges from its crystal-clear waters... a visit to Cancun will make you wonder whether you are in a dream...

By the way, this splendorous place has been named the second most attractive destination for summer vacations in 2019 by Trip Advisor.



LANGUAGE:

The official language in Mexico is Spanish. English is widely spoken in hotels, restaurants, shopping centers and tourist areas.

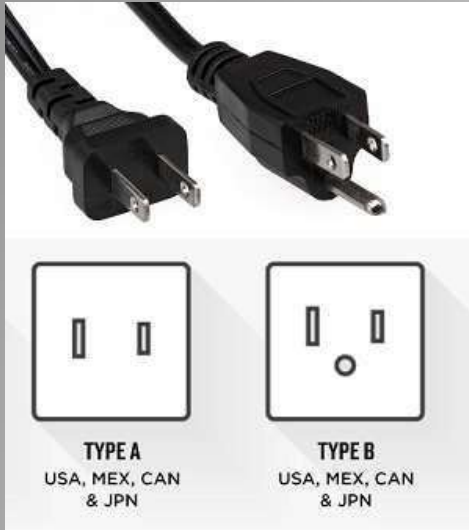
TIME DIFFERENCE:

UTC - 5 hours (EST- Eastern Standard Time)

WEATHER :

The climate in Cancun and the Riviera Maya is semi-tropical, with an average annual temperature of 26 ° C and can rise to 35 ° C in summer. The average annual rainfall is 1400mm. Although the climate is very similar throughout the year there are two different periods in Cancun. The rainy season extends from May to October, and is slightly warmer, the dry season is from November to April, with cooler temperatures. This is due to the north winds that are stronger this season refreshing the coast of the Caribbean Sea.





CURRENCY:

The Local currency in Mexico is the Mexican Peso.

1.0 EUR = 23.06 MXN (as for June 2019)

1.0 USD = 19.75 MXN (as for June 2019)

Current rates may be checked at:

<http://www.xe.com>

POWER OUTPUT:

The nominal voltage is 110 volt AC, the same as in the US and Canada. Three prong outlets are not readily available so an adaptor is a good idea. Electrical stores in Cancun have them in stock. The larger hotels have converters for most 220-volt devices. If you plan to use a laptop computer, you may bring a surge protector or buy it in a Mexican electronic store.



RECOMENDED HOTELS



GRAN OASIS CANCUN HOTEL

Blvd. Kukulcan Km. 16.5 and Cenzontle 77500 Cancun Mexico

LOCATION

Beachfront • 20 Minutes from Cancun International Airport • 25 Minutes to downtown Cancun

FACILITIES

785 Rooms • Pool • Conference facilities (\$) • Banquet facilities (\$) • WiFi (\$) • Tennis court • Fitness facilities • Spa (\$) • Beauty salon (\$) • Shops (\$) • Medical service (\$)

DINING / ENTERTAINMENT

3 Buffets and 13 restaurants with menu style service (reservations and dress code is required, restrictions could be apply) • 17 Bars (including 3 swimming pool bars) • 4 Snack bar • Disco, are available.

ACCOMMODATION

The hotel rooms are equipped with air conditioned, 1 king bed or 2 double beds • Satellite TV • Mini bar • Hairdryer • In-room safe (\$) • Balcony or terrace (Max. occupants 4 persons, 3 adults) • Grand Pyramid Sunset Room offers same amenities as above with sunset view • Grand Pyramid Oceanview offers same amenities as above with ocean view • Grand Oceanfront Room offers same amenities as above with oceanfront view • Grand Sens Room offers same amenities as above but with WiFi.





HOTEL OASIS SMART CANCUN

LOCATION: This is a 4-star hotel in the heart of Cancun with close proximity to Ceviche Square, Benito Juarez Municipal Building, Las Palapas Park and Cristo Rey Church.

FACILITIES:


Make yourself at home in one of the 119 air-conditioned rooms featuring minibars and flat-screen televisions. Complimentary wireless Internet access is available to keep you connected. Private bathrooms with showers feature complimentary toiletries and hair dryers. Conveniences include phones, as well as safes and coffee/tea makers.

DINING/ENTERTAINMENT:

Enjoy recreational amenities such as an outdoor pool and a fitness center. Additional amenities at this hotel include complimentary wireless Internet access, concierge services, and gift shops/newsstands. Grab a bite to eat at one of the hotels dining establishments, which include 2 restaurants and a coffee shop/cafe. While enjoying a refreshing dip in the hotel pool, you can order your favorite drink at the poolside bar. Buffet breakfasts are available daily for a fee.

BUSINESS, OTHER AMENITIES:

Featured amenities include a business center, limo/town car service, and dry cleaning/laundry services (\$). Event facilities at this hotel consist of conference space and a meeting room. Free self parking is available onsite.



VENUE

Arena Oasis

16.5, Boulevard Kukulcan Lt45-47, Hotel Zone

77500 Cancun, QROO, México



ARRIVALS AND AIRPORT FOR ELITE PRO ATHLETES

Official arrival day is November 23rd, 2019

Official departure day is November 25th, 2019

CANCUN INTERNATIONAL AIRPORT (CUN):

Cancun International Airport (CUN) is one of the most important airports in the Caribbean and a point of entering into the "Mayan World".

Main international airlines as well as charter airlines have direct flights or connecting flights to Cancun every day. Now more than ever, Cancun International Airport is accessible for almost every major city in the world.

With first class shops, restaurants and services, Cancun Airport is one of the most convenient airports to fly to/from Mexico.



Important Notice:

Each individual athlete is responsible for all the expenses related to travelling, meals, beverages, accommodation, transportation (airport-hotel-airport) and other unforeseen expenses throughout the duration of their stay.

VISA:

A valid passport is required to enter Mexican territory, valid for at least 6 months after the date of arrival. All countries should consult the Mexican Embassy in their Country to determine if they need a Visa. An official letter of invitation will be available if it is required.

LIST OF COUNTRIES THAT DON'T NEED VISA

American Samoa	Anuba	Andorra
Australia	Anguila	Austria
Argentina	Azores Islands	Bahamas
Brazil	Barbados	British Indian Ocean Territory
Belgium	British Virgin Islands	Belize
Bulgaria	Bermuda Islands	Canada
Costa Rica	Cayman Islands	Cook Islands
Chile	Cyprus	Christmas Islands
Czech Republic	Colombia	Denmark
Dutch Antilles	Estonia	Falkland Isles
France	Faroe Isles	French Polynesia
Finland	French Guyana	Germany
Greenland	Gibraltar	Guadeloupe
Greece	Guam Isles	Hong Kong
Hungary	Ireland	Israel
Iceland	Italy	Jamaica
Japan	Latvia	<u>Lituania</u>
Liechtenstein	Luxembourg	Macao
Mariana Islands	<u>Mahore</u>	Marshall Islands

Malaysia

Monaco

New Caledonia

Norfolk Island

Palau

Poland

Peru

Romania

Saint Helena

Sweden

Slovenia

Trinidad and Tobago

United States of America

U.S. Virgin Islands

Micronesia

Martinica

Niue Islands

Netherlands

Pitcairn Isles

Paraguay

Puerto Rico

San Marino

Spain

Slovakia

Suiza

Tokelau

Uruguay

Venezuela

Malta

Montserrat

New Zealand

Norway

Panama

Portugal

Reunion Isles

South Korea

Singapore

Switzerland

Territory of Cocos (Keeling)

Turks & Caicos

United Kingdom of Great Britain Republic

Wallis and Futuna Islands

PARTICIPATION:

This event is open for all the IFBB PRO ATHLETES. In order to take part of this event, the athletes must have their Elite Pro Cards on duty and register throughout their profiles in the IFBB ELITE PRO.

System: <http://www.elitepro.gbisportinnovation.com/licence-access>

If you have any problem to do the registration, please contact IFBB Elite Pro Head Office ifbbelitepro@ifbb.com

Or contact organizer: ifbbcancundiamondcup@gmail.com
c/c: ifbbelitepro@ifbb.com

REGISTRATION:

Official Athlete Registration will take place at the Official Hotel Gran Oasis Cancun Resort on Sunday, November the 24nd 2019, from 8:30:00 till 11:00 hrs.



MUSIC:

All posing music must be recorded in an audio CD or USB only. Also, the posing music must be at the start of the CD. Each competitor must write his/her name on the CD for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

Each athlete participating in the championship will be provided with a wristband at the registration desk. This identification will allow daily access and should not be removed.

TANNING:

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be asked to remove the tan before going on stage.

To Book Tanning services at the contest venue we Recommend purchasing services from Jan Tana to insure you Look Your Best. Jan Tana is the Official Tanning, Sponsor for the IFBB Elite Pros. Link: <http://www.onsitetan.com/book-he>

ATHLETES MEALS:

We are excited to inform you that this year, Brenda's Coffee will provide all the food that the athletes could need:

Chicken, rice, pasta, asparagus, sweet potato, spinach. As well as hotcakes, waffles, cakes and more!

We Recommend purchasing services from Brenda's Coffee to insure you have the best food for the most important moment of your life.

Brenda's Coffee:

Facebook: Brenda Sosa

Whatsapp: +52 1 998 845 1126

CATEGORIES ELITE PRO	AWARDS
BODYBUILDING OPEN CLASS	6000usd
MEN'S PHYSIQUE	6000usd
BIKINI FITNESS	6000usd
WELLNESS FITNESS	5000usd
WOMAN'S BODY FITNESS	5000usd
WORLD CHAMPIONSHIP	
BODYBUILDING UP TO 90KG	15000usd



TENTATIVE SCHEDULE

November 23th , 2019 (Saturday)

14:00-17:00- Arrivals at Gran Oasis Cancun Resort

17:00- Autograph Signing & Photoshoot with the PROS

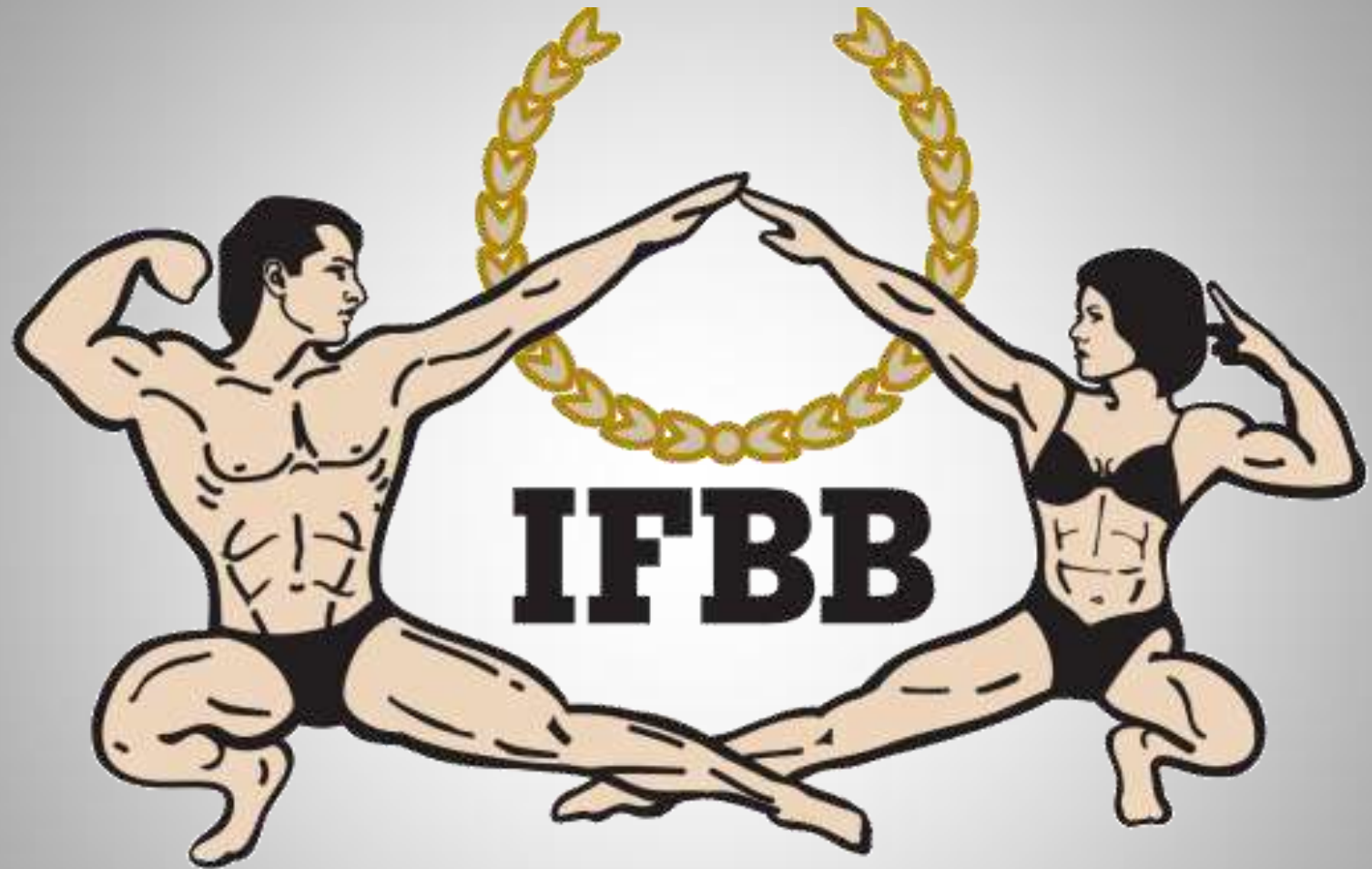
November 24th, 2019 (Sunday)

10:00- Meeting/Registration/weight-in Gran Oasis Cancun Resort

12:00- Prejudging & Finals (athletes may be backstage one hour prior to event at Arena Oasis)

November 25th, 2019 (Monday)

Departures



INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS